

Banff Rocky Mountain Trip

May 16 – 19, 2014

Key Information for Students and Home Stay Parents:

- Arrive at the **School Board Office** on Friday morning at **8:00 am**. The bus will depart at 8:30
- Make arrangements to be **picked up** at the **School Board Office** on **Monday** evening at approximately **7:30 pm**. If, for any reason, we are earlier or later, we will call to let home stays know.

ALL Students Must Have A Working Cell Phone For This Trip

Clothing:

- Comfortable shoes for walking and hiking.
- Warm, waterproof jacket for evenings and cool (rainy?) days.
- Clothes that you can layer for warm or cool temperatures
- A bathing suit and/or workout clothes if you want to use hotel swimming pools/hot tubs/exercise rooms.

Meals: (provided)

- Friday dinner
- Saturday breakfast, lunch
- Sunday breakfast, dinner
- Monday breakfast

Spending money:

You will need spending money for:

- Meals that are not provided
- Any souvenir shopping you choose to do
- Optional snacks or activities

Reminder:

Because this is a school trip, drugs and alcohol are not allowed. To use either would put you at risk of being sent home.



OVERVIEW

Tour: 4-Days, 3-Nights Rocky Mountain Tour Excursion

Date: May 16-19, 2014

- 3 nights accommodation (based on students sharing 4 people per room and teachers sharing two per room)
- Luxury coach transportation
- Professional Canadian Tour Guide and Assistant Guide
- Admission to the Sulphur Mountain Gondola, Snocoach tour on the Columbia Icefields and Bear Watching in Blue River
- 4 days of sightseeing
- Campfire and marshmallow roast
- Videos, games and prizes
- Extras including snacks and water
- 3 Breakfasts (continental)
- 2 Dinners (1 BBQ & 1 Pizza Party)
- 1 Picnic Lunch
- All taxes, tips and park passes

ACCOMMODATION INFORMATION

Best Western – Sicamous

Website: www.sicamousinn.ca

806 Trans Canada Highway

Ph: 250.836.4117 Fax: 250.836.3116 **Toll Free: 1.800.485.7698**

Facilities/Amenities: The Best Western hotel provides clean, spacious, well appointed guest rooms, a pristine indoor pool and hot tubs, and a river front patio deck where we will have the campfire.

Banff International -Banff

Website: <http://www.banffinternational.com/>

555 Banff Avenue

Phone: 403.762.3301 Toll Free: 1.800.879.1991

Facilities/Amenities: The Banff International is in a great location right on Banff Avenue, within walking distance from all of the shops and restaurants. This hotel has an indoor hot tub.

Ramada Inn – Valemount*

Website: http://www.ramada.com/Ramada/control/Booking/property_info?propertyId=29153

1501 Swift Creek Road

Phone: 250 566 8222

Facilities/Amenities: The hotel features an assortment of suites, an indoor pool, waterslide and hot tub, high speed internet access, and an on-site restaurant.



ITINERARY

Day 1: Langley to Sicamous

- ❖ 8:00am - Meet at a designated spot for check in and departure
- ❖ 10:00 - 5:30 pm: Enjoy a number of sights, such as:
 - The Fraser Valley
 - Bridal Falls
 - The Coquihalla Highway
 - The town of Hope where we will stop for lunch (not included)
 - The "Canadian Desert" (Kamloops)
 - Shuswap lake area and Sicamous
- ❖ Check-in to the Best Western hotel in Sicamous
- ❖ 7:00 pm - Pizza Party at the Hotel (included)
- ❖ 8:00 pm and on- Enjoy the indoor/outdoor pool and then roast marshmallows over a campfire

Day 2: Sicamous to Banff

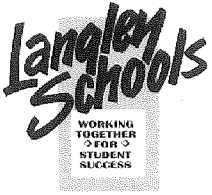
- ❖ 7:45am - Depart Sicamous and tour through Glacier National Park and Yoho National Park
- ❖ 12:00 to 1:30 - Visit Lake Louise. Option go for a nice walk around the lake
- ❖ Picnic lunch at either Moraine Lake or Lake Louise
- ❖ Sightseeing tour in the town of Banff – among the highlights are visits to Banff Ave, Bow Falls and Banff Springs Hotel
- ❖ Take the Sulphur Mountain Gondola for amazing views (included)
- ❖ 5:30 pm - Check, into hotel
- ❖ 6:30 pm - Meet guide in the lobby to explore Banff Avenue on foot. Many great shops and restaurants to go to.

Day 3: Banff to Valemount

- ❖ Depart Banff at 7:30 am
- ❖ Enjoy a hike to Johnston's Canyon
- ❖ Travel the Icefields Parkway and enjoy a number of sights, such as: Castle Mountain & Crowfoot Glacier
- ❖ Visit Bow Lake and Peyto lake
- ❖ Tour through the Columbia Icefields and take part in the world renowned SnoCoach tour (included)
- ❖ Free time in Jasper
- ❖ Check in to your hotel in Valemount
- ❖ End of tour BBQ at the hotel

Day 4: Valemount to Langley

- ❖ 7.30am Depart Valemount
- ❖ Enjoy a Bear Tour in Blue River this morning
- ❖ Visit Spahat's Falls
- ❖ Stop in Kamloops for lunch (not included)
- ❖ Rest stop in Hope
- ❖ Arrive back in Langley at approximately 7:30pm



**HIGHER RISK FIELD TRIP – Out of Province
HOMESTAY PERMISSION FORM**

Name of Student: _____

Name of School: _____ Grade: _____

Name of Trip: _____ **Rocky Mountain Tour** _____

Date of Trip: _____ **May 16 -19, 2014** _____

Departure Time: _____ **8am at the School Board Office** _____

Pick up Time: _____ **7:30pm at the School Board Office** _____

In the event of an emergency when a family member cannot be contacted at home, please try to reach one of the following emergency contacts:

Name _____ Phone: _____

Name _____ Phone: _____

Care Card Number: _____ or Student Guard Number: _____

Medical Information Update (please include any medical or health concerns):

I am aware of the details of the trip and am prepared to drop off and pick up my homestay student at the School Board Office.

Signature of Homestay Parent

Date

Rocky Mountain Tour

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Behavior Expectation Form

Both my son/daughter/international student and I understand that the Langley School District Pupil Discipline Policy applies on all field trips. The use of alcohol or drugs and/or inappropriate student conduct may result in the student being sent home for the remainder of the weekend and may result in further suspension from school and/or dismissal from the district. Students engaging in these behaviors are liable to be sent home at their family's expense.

In addition we understand the following policies:

- Bed checks/lights out at 11:00 pm
- Student may not leave hotel premises after bed checks

Homestay Signature _____ Date _____

Student Signature _____ Student Name _____